



City Harvest Inc
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Nutrition Education Internship Opportunity

Organization: City Harvest
Location: New York, NY
Start Dates: End of June, exact date to be confirmed.
Duration: Up to 10 weeks *or* 140 hours.
Application Deadline: Until filled (multiple positions available)

Take the role of educator *or* chef in our nutrition education courses!

As a Nutrition Education Intern with City Harvest you'll assist us in organizing and facilitating nutrition education programming in underserved urban neighborhoods. You'll work on weekly courses of 6-8 classes each or one time, 1-2 hour workshops. You'll spend most of your time in the field at our course sites, coming into the office for weekly meetings. Students should expect to contribute a minimum of 140 hours spread over a period of up to 10 weeks. The working schedule is very flexible - interns can choose to work on many projects each week or just a few, depending on their wishes or the requirements of their programs.

City Harvest is the world's first food rescue organization dedicated to feeding the city's hungry men, women, and children. City Harvest's Nutrition Education is part of our suite of Healthy Neighborhoods programs, designed to increase healthy food access and consumption in five low-resource communities.

Internship Description:

- Interns will need to be available for a three hour training in June. The work of leading courses will begin in early July.
- Participate in City Harvest's training program.
- Assist in facilitating one or more nutrition education courses over a period of six or eight weeks.
- Take on leadership, organizational and administrative responsibilities to support course coordinators.
- Participate in weekly meetings to discuss, evaluate and improve the team's work.

Intern Qualifications:

- For Nutrition Educators: Enrollment in a graduate program in nutrition, public health, health education, or a related field.
- For Chefs: Enrollment in a graduate program in culinary arts, food studies, nutrition or related field *and* have experience with preparing food for groups, demonstrating cooking skills, and food safety awareness. Culinary training preferable.
- Applicants *must* obtain school credit for the internship, or be fulfilling fieldwork hours.
- Interest in providing nutrition education to low-income populations.
- Strong presentation skills and the ability to engage an audience.
- Strong interpersonal skills and the ability to work in team setting.
- Strong organizational skills.
- Flexibility and a willingness to implement creative solutions if challenges arise.
- Comfort working with diverse cultures.
- Willingness to travel via public transportation to underserved communities throughout the five boroughs of New York.

Applicants should submit a resume and application to Maggie Meehan at mmeehan@cityharvest.org Cover letter not necessary.